

International Student Newsletter - November 2018



PRIFYSGOL
BANGOR
UNIVERSITY



New member

We are very happy to introduce you to a new member of the International Student Support Team! **Louise Roberts** has a lot of experience working at Bangor University, in different departments from Finance to University Halls.

She is the first point of contact for students accessing our Services and she deals with a wide range of administrative and support tasks within the Team. Make sure you come and meet her in our upcoming events! CROESO!



One World Gala 2019

Every spring, the International Student Support Office hosts the One World Gala, which has become an important date in Bangor University's calendar. This event presents an excellent opportunity for students and staff from all over the world and the UK to showcase their **talents and culture**, and, of course, to make new friends in the process. One World Gala also raises money for charity during the event.

Previous years' acts included belly-dancing, a Welsh choir, Chinese opera, an Afro-Caribbean fashion show, a Bollywood dance medley and a traditional Japanese act, to name a few!

Award-Winning Support

Noor Al-Zubaidi, International Recruitment Officer, was recently recognised for her services to the Saudi student community at a ceremony held at Bangor University!

The **Support and Cooperation Award** recognises Noor's support for the Saudi students coming to Bangor throughout their journey from enquiry and application stage right through to arrival. Our International Office here at Bangor is proud of the work that we do in supporting international students and this award reflects the spirit and ethos of what we strive for! Da iawn Noor!!



Whatever your talent is, we want to hear from you!

The event will take place on the 15 March, but rehearsals will begin in the Winter, so if you are interested in taking part get in touch on

international.support@bangor.ac.uk or come see us in our office in Rathbone.

HOW TO CONTACT THE INTERNATIONAL STUDENT SUPPORT TEAM:

Website: www.bangor.ac.uk/international/support

Email: international.support@bangor.ac.uk Telephone: 01248 382882

www.facebook.com/BangorUniversityInternational www.instagram.com/bangorinternational

#Bangorinternational

Beware of WeChat Scams

We've been made aware that a number of students across UK universities have been targeted by fraudsters and have lost large sums of money.

This scam is targeting mainly Chinese students and involves WeChat and mobile contacts. Students are contacted on their mobile phone by people claiming to represent their bank, the embassy, police or other reputable agency and are told they owe funds immediately, often being offered preferential exchange rates on currency conversions. Please do not give any

payments or personal information from unsolicited calls. If you think you may have been targeted by this scam please contact us at internationalsupport@bangor.ac.uk or report it to www.actionfraud.police.uk



我们近期获知有很多在英读书的中国同学被骗，成为诈骗分子的下手对象，造成一定的经济损失。这类诈骗很多是通过微信和电话的形式进行。诈骗分子谎称为银行职员，大使馆工作人员，警察或者其他官方中介机构，让学生降低心里防线，要求学生转账付款，有时候还会给予优惠的换汇汇率。请大家谨记，任何人向你索要个人信息，比如家庭地址、银行账户信息，都不要相信。如果认为可疑或者发现类似骗局，请立刻联系大学的国际学生服务部，或者登录Action Fraud网站：www.actionfraud.police.uk

Important Message on Attendance

Bangor University is required by the Home Office to identify when students on Tier 4 visas have stopped studying. Therefore, the Visa Compliance Office (visa-compliance@bangor.ac.uk) will monitor your attendance and participation on your course. If you are not sure, we can explain to you what attendance and participation is required, and how this is recorded. **If you miss a certain number of these expected contacts or attendances**, this could result in you being withdrawn from your course and the University will be required to report this to the Home Office.

'Expected contacts' will vary between institutions, and different types of courses within an institution, but usually include:

- attending lessons/lectures/tutorials/seminars/meetings with your personal tutor/supervisor
- submitting coursework
- attending tests/examinations.

If you know you will miss an expected contact, for example, because you are ill, you must contact your tutor/department as soon as possible. Ask whether they need to see evidence, such as a letter from a doctor. If there are any other reasons why you cannot attend your course for a short time, for example, because of a family bereavement or religious festival, speak to your tutor/department as soon as you are aware of this.

Postgraduate students who are writing up a dissertation/thesis, or waiting to complete a viva, are still monitored throughout this period. Make sure you contact us at internationalsupport@bangor.ac.uk if you have any questions, HAPPY STUDIES EVERYONE!



Waste Awareness Week 2018



“Last month, Bangor University ran its second ever ‘Waste Awareness Week’ (WAW) between Saturday the 29th September and Friday the 5th October 2018. The campaign was launched to share ideas and raise awareness about the importance of resource efficiency both in the University and in Bangor City, to reduce our environmental impacts both locally and nationally and to encourage our students to become responsible global citizens.



The Sustainability Lab worked in partnership with Campus Life, Halls of Residence, Student Housing, Catering, the International Student Support Office, Gwynedd Council, the Chartered Institution of Wastes Management (CIWM) and British Heart Foundation Cymru (BHF) to run an exciting range of WAW activities and events during the week. These included a beach clean, waste awareness visits in student halls and private accommodation, waste career talks, a campus cleaning event, an information sharing day, recycling quizzes and a film night as part of the Internationals Go Green project, a debate night and an eco-craft night, along with other smaller idea-sharing events.” For more information on events organised by the Sustainability Lab please visit: <http://planet.cymru/en/events>



International Ambassadors' Column - Arpita Gargesh, India

Global Citizens – Shifting Perspectives

“Here’s the thing – being an international student means having the smarts, but it also means having the guts to go to a different country where no one knows you. You have to start from scratch at making friends, finding palatable food, and of course, coping with a completely different educational system, among a hundred other things. Yes, you may feel lost at times, even if you have grown up knowing loads about the UK and watching Sherlock and The Great British Bake Off back home. Then again, isn’t every new experience scary? The point then is to find meaning in it.

You study at a great international university, and you’re much more likely to become more successful professionally – that’s obvious. There is more to this, though. We are immersed in a framework that is teeming with an astonishingly diverse international population, offering several opportunities to interact with people from different countries, faiths and cultures. We all grow up with so many preconceived notions about each other – this is the point where we break them all and build more positive, individualistic and respectful perspectives instead. To me, being an international student means becoming a true global citizen – and that involves knowledge and networking, but also being open to people who are not like me, and loving them for it. And I’m sure I’m not the only one.”

More details about Arpita and how to contact the rest of the Ambassadors at: www.bangor.ac.uk/international/ambassadors



Kuwaiti Students in Bangor

"Kuwait celebrates its National Day celebration every 25th of February and its liberation day every 26th of February when the Gulf War ended. Those two glorious anniversaries are very important for everybody in Kuwait who impatiently await them to celebrate every year. This year, the Kuwaiti students in Bangor and their families celebrated



those days on the 26th of February at Bangor Clock with the locals and other students from different countries and cultures. The *Kuwaiti Students in Bangor* Society was established in Bangor University in 2016 and is open to all students so please follow us on Social Media and join us in our next events!

<https://www.kuwbangor.com/about> Instagram - Twitter - Snapchat: @KuwBangor

Bangladeshi Bangorians (Bang-Bang)

"The Bangladeshi Student Society of Bangor University has rearranged itself with new official logo, committee members, social pages with more innovative activities for the fresher, 2018-19.



Now, we are known as Bangladeshi Bangorians (Bang-Bang) run by six committee members: Rezowana Mannan (Chairperson), Sadia Ahmed (Secretary), Tathagata Ganguly (Treasurer), Digvijoy Ghose Rohan (Cultural Executive), Silva Sharmin (Social Advisor) and Nuzhat Nahrin (Event Organizer).

We have arranged well decorated stalls both in Serendipity to welcome freshers and in culture fair events to raise funds for the society. Henna Tattoo painting is one of our main activities which has already become very popular. Traditional indoor games: 'Ludo Fest' or upcoming 'Henna Craze' are example of our monthly cheerful & exciting activities although surprise birthday celebrations of our members always remains a secret event.

Serving food in paper boat supports raising awareness about sustainability. We mostly perform singing, dancing

on the stage for own society and for other societies during Diwali & Holi. Our big collaborating two Eid events have been highly appreciated all over in Bangor. The Victory Day & International Mother Language Day celebration are our main big events to introduce our history, culture & rituals through the platform of Bangor University. Come and join us in our next events!"



FLAVOURS OF THE WORLD! - Fiona Ng, Malaysia

EXCITING NEWS! We are introducing a new section in which International Student Ambassadors will be sharing some recipes for you to try and **SPICE UP YOUR LIFE!** Please share your cooking results by tagging us at #bangorinternational on Social Media and ENJOY YOUR MEAL!

CHICKEN RENDANG RECIPE

-A MALAYSIAN FAVOURITE-

'Rendang' is a spicy meat dish which makes it the perfect dinner for a rainy cold night (which is almost every night in Bangor). There are various ways to make this dish but I guarantee that it is simple and definitely tasty! This recipe provided shows the basic way of making rendang, but often people customise this recipe to suit their own taste buds, for example, you can replace chicken with any meat you prefer or put regular milk instead of coconut milk.

In the ingredients, if you are curious and you have not heard of pandan leaves, fear not, because the Oriental store in upper Bangor sells them if they have stock! What are you waiting for? Try this out!

I hope you enjoy this beloved Malaysian dish as much as MasterChef UK thinks its crispy! #RendangIsNotCrispy

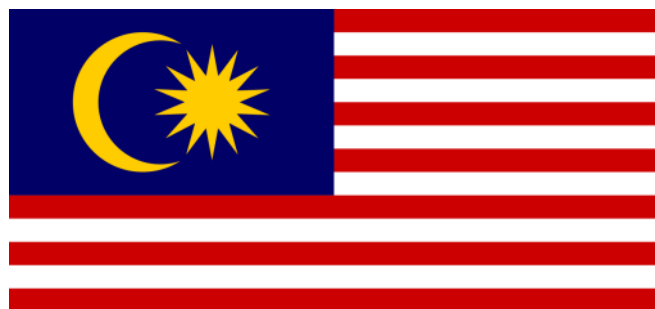
Ingredients

- 1 kg. chicken (cleaned and cut)
 - 1 stalk *serai* lemon grass
 - 3 *pandan* leaves (cut into 4 pieces each)
 - 1 big onion (thinly sliced)
 - 150ml. thick coconut milk
 - 6 tablespoons of oil
 - salt to taste
 - 1 big onion
 - 15 dried chillies
 - 2 tomatoes
- } Blended smoothly to a paste

Method

1. Heat oil on medium fire. Put in *serai*, *pandan* leaves and sliced onion. Fry till fragrant and golden brown.
2. Put in chicken. Stir slowly for 3-4 minutes.
3. Add chilli paste. Stir for 4 minutes till well-mixed.
4. Pour in coconut milk. Cook for 5 minutes till gravy thickens.
5. Put in salt. Stir slowly and constantly.
6. Dish out and serve with rice.

More details about Fiona and how to contact the rest of the Ambassadors at: www.bangor.ac.uk/international/ambassadors



The Study Skills Centre

“The Study Skills Centre has designed two workshop programmes for Semester One to provide you with an opportunity to explore practices that help to develop your understanding of academic expectations and to improve the quality of the work that you produce. Conversation is central to our approach, and the workshops are task-based, enabling you to learn by doing and questioning.

For further information and to book your place, visit our [workshops page](#).

Other support offered by the Study Skills Centre include **individual writing and study skills appointments** (bookable via our [online booking form](#)), **Maths and Statistics appointments and drop-in** (book your appointment [here](#)), **research writing groups, online study guides** (visit our study resources [here](#)), and **writing, research and exam skills workshops**. For more information about the workshops and how to book your place, visit our [website](#).”

STUDENT SERVICES

KEEP YOUR WRITING ON TRACK

STUDY SKILLS CENTRE
HELPING YOU GET THE MOST OUT OF YOUR STUDIES

The Study Skills Centre is holding a series of eleven interactive workshops, which are open to students across all levels of study.

SEPTEMBER - NOVEMBER 2018

SELL YOUR STUFF

& buy any item/service from your schoolmates

ASK QUESTIONS

& answer any questions about your study & life

JOIN ACTIVITIES

Publish activities/parties
Let everyone in Bangor uni see & join you

Online

Offline

UNIBEAT

WWW.UNIBEAT.CO.UK

International Chat

Come and talk to our English language learners at ELCOS. Meet new people and learn about other cultures.

Friday morning 11.30-12.30

on ...

November 9th

December 7th

ELCOS 43&45 College Road
(enter via Brigantia)

Contact Josie:
s.j.ryan@bangor.ac.uk

English Language Learners at Bangor

@ELCOSBangor

elcos_bangor

Meet & Mingle with UNDEB Bangor

"Your Students' Union has started to organise Meet and Mingle events.

These are an opportunity for students to socialise in a calm environment, away from the hustle and bustle of busy pubs and clubs! Several of our Societies, such as Table Top Society, Gaming League and Teatime Society, all get involved. Refreshments are provided, and even Pizza. The next Meet and Mingle is scheduled for Friday 9th November, from 6pm at Undeb Bangor – everyone welcome."



DYDD GWENER
Tachwedd 9
O 6pm ymlaen

FRIDAY
November 9
From 6pm



A message from your VP for Education - Mark Barrow

Mark's Out of Tenancy

"Have you lived in house that had loads of problems, which students should avoid at all costs? Or have you lived in a house with a helpful and supportive landlord, who you would like to promote to other students?"

Either way, your Students' Union believes that you should have more information before signing up to a property. Undeb Bangor are collaborating with Marks Out Of Tenancy, a review platform where students can openly share their rental experiences. You are able to rate your landlord and/or letting agent, the house you lived in, and the location of the house. Future students can then use this information to find accommodation that is suitable for them."

www.marksoutoftenancy.com

**MARCIWCH EICH LANDLORD,
ASIAN T GOSOD, EICH Tŷ RHENT
A'CH CYMUNED GYFAGOS.**
*Peidiwch â setlo am unrhyw beth
llai nag ydych chi'n haeddu*



**RATE YOUR LANDLORD,
LETTING AGENT, RENTAL
PROPERTY AND NEIGHBOURHOOD**
*Don't settle for anything
less than you deserve*

**YN GWETHIO A
WORKING WITH**

**MARKS OUT OF
TENANCY**

You can rate your rental experience on www.marksoutoftenancy.com/



EMPLOYABILITY WORKSHOPS FOR INTERNATIONAL STUDENTS

Wednesday 14 November

Main Arts LR3

13:00-13:50

Improve your CV

This workshop for international students gives advice on compiling an effective CV for the competitive UK market

13:50-14:40

Interview Skills

This workshop looks at the preparation to give you the confidence to handle interviews effectively

14:40-15:30

Job Search in the UK

This session for international students will provide you with tips and tactics for a productive job search

15:30-16:00

Working in the UK for international students

Come and find out about the rules for working in the UK, both during and after your studies

Student Housing Office - Accommodation for 2019/20

While it's still early to be thinking about accommodation for next year, don't forget that there is an oversupply of accommodation in Bangor.

It's a tenants' market, so whether you decide to stay in Halls, or look for a house via the University listings on www.bangorstudentpad.co.uk

make sure you've made the right choice for you!



Student Safety

"Whether you are a new student or a returning one, Bangor welcomes you!

My name is Gethin Owen and I am the dedicated Police Community Support Officer for Bangor University. I am here to help and assist you with any issues you might have during your time studying at the University and I'm always approachable no matter how small your question or issue might be. If I cannot help you, I will be able to give you advice on who to contact. My office is located on Campus in the Main Arts Library, in the corner next to the Santander Bank. If my door is open, you are more than welcome to come in and say hello.

I am interested in getting to know what North Wales Police can do to make your time here at University the most enjoyable it can be. May I wish every single one of you an enjoyable year of studying at Bangor University. Remember to like our Facebook page:

NWP Bangor University!!



HEDDLU GOGLEDD CYMRU
Gogledd Cymru diogelach
NORTH WALES POLICE
A safer North Wales

Your University Policing Team



SCCH / PCSO 3676
Gethin Fon Owen



SCCH / PCSO 2905
Ahmed Refaat

Welcome to Bangor University

North Wales is one of the safest areas in the country and it's important to us your time as a student is enjoyable, successful and a safe experience at Bangor.



NWP Bangor University



For your Uni Police Team
dial 01286 670924

CAMPWS BYW
CAMPUS LIFE



PRESENTED BY HALLS' RESIDENTIAL LIFE
**ANSWERS TO ALL
YOUR ACCOMMODATION
QUESTIONS FOR NEXT YEAR**

FINANCE | SUPPORT SERVICES | STUDENT HOUSING
RECYCLING | LOCAL SHOPS | JOB OPPORTUNITIES & MORE

For further info please email campuslife@bangor.ac.uk

22ND NOVEMBER 2018

POWIS HALL, Main Arts, 11am - 2.30pm



Proudly
presents...



CRAFTS, CAKES,
JEWELLERY,
UNIQUE GIFTS,
LIVE MUSIC
& MORE

12PM-5PM
PJ HALL, MAIN ARTS
COLLEGE ROAD

Wednesday 5th December

Facebook: 'B-Enterprising Bangor'

Twitter: @B_Enterprising

Instagram: @B_Enterprisingbangor

ELCOS ICE - FREE ENGLISH CLASSES NOW AVAILABLE!



For

Students
partners husbands
wives friends family

Who?



PRIFYSGOL
BANGOR
UNIVERSITY

Beginners Intermediate Upper Intermediate

What?

On

Mondays Wednesdays Thursdays

9.30 a.m. to 1 p.m.

When?

At

Rathbone Dining Hall
College Road

Where?

In-class crèche: Volunteers to look after your children.

Contact: jannieu@tiscali.co.uk

What's On

Christmas Markets Trip!

When it comes to Christmas, there's no place like

MANCHESTER

Saturday 24th November

9am-8pm

£15 adult / £10 child

